

KINGDOM OF BAHRAIN
MINISTRY OF EDUCATION
DIRECTORATE OF EXAMINATION/EXAMINATION SECTION
SECONDARY EDUCATION /UNIFIED TRACKS & RELIGIOUS
FIRST SEMESTER EXAM 2017/2018

COURSE NAME: EXTENSIVE READING

TRACK: UNIFIED TRACKS

COURSE CODE: Eng.217

TIME: 2 Hours

Reading 1: (15 Marks) Read the article about tigers, and then answer the questions accordingly

In 1900, there were an estimated 100,000 tigers on Earth. Today, only between 5,000 and 7,500 remain. Total extinction of tigers by 2020 is a very real threat. Why are tigers disappearing? The criminal act of poaching is the main reason.

Poaching is illegal, but it is very profitable. Tiger parts are worth large amounts of money. The parts of a single tiger can be worth \$5 million. In the past, the hide of the tiger was a great prize; now the prize is the tiger's bones. The bones are used to make many **traditional** Asian medicines. Many of these medicines are exported from Asia, some of them to the United States. In 1950, about 4,000 South China tigers lived in the wild. By 1998, this number had **dropped** to less than 30 wild tigers. Even though the U. S. Congress passed legislation to stop the **import** of tiger parts, poachers continue to get around the rules. They smuggle tiger parts in with other legal products.

The United States has fewer than 100 wildlife inspectors to check products coming into the country. It is not difficult to get tiger parts into the country without being caught. Even when inspectors find medicines made with tiger bones, they cannot always prove it. The high temperature needed to make the medicines makes it impossible to tell whether the bone was that of a tiger or another animal.

You would expect most tiger products to be sold in secret in the United States. Many of them are sold **openly** in small medicine shops in some of the nation's larger cities. The demand for the products is great enough to outweigh the risk of getting caught selling them. Some groups are working to decrease the number of tiger products sold, by helping find other **options**. For example, the bones of wild mole rats, a species that is abundant, have been used to make medicines. Finding alternatives to create less demand for tiger parts is one of the first steps to ending tiger poaching.



A. Read the article and circle the correct answers (5 Marks)

1. The article wants us to understand that

- a. tigers are dangerous b. tigers are beautiful animals **c. tigers are in danger**

2. Tigers are mainly killed for

- a. pleasure **b. money** c. competition

3. The demand is high for the tiger's

- a. legs b. teeth **c. bones**

4. The word poaching means

- a. catching **b. stealing** c. collecting

5. Entering tiger products to the United States is regarded as

- a. difficult **b. simple** c. impossible

B. Match the beginnings of the sentences to the correct endings. Write the correct letters in the spaces provided Note that there is an EXTRA ending (5 Marks)

| | | |
|--|----|---|
| 1. Tigers are in danger | a. | 3 ...are found easily |
| 2. Anti – poaching laws | b. | 4 ...medicines made from tiger parts |
| 3. In the United States , tiger products | c. | x ... as they can't prove it |
| 4. Inspectors find it hard to stop the import of | d. | 1 ... because they are going to disappear soon |
| 5. Smugglers don't care about laws | e. | 2can help save tigers |
| | f. | 5 because they gain a lot of money |

C. Match the words in the article to their corresponding antonyms in the box (Note that there is an extra word (5 Marks)

persist - choice – export – secretly - rise - modern

| | | | | |
|----------------|-------------|---------------|-----------------|----------------|
| 1. traditional | 2. dropped | 3. import | 4. openly | 5. options |
| modern | rise | export | secretly | choices |

Reading 2: (15 Marks) Read the article about the problem of stress and answer the questions below



The Effects of Stress

There is a famous expression in English: "Stop the world, I want to get off!" This expression refers to a feeling of **panic**, or stress, that makes a person want to stop whatever they are doing, try to relax, and become calm again. 'Stress' means pressure or tension. It is one of the most **common** causes of health problems in modern life. Too much stress results in physical, emotional, and mental health problems.

There are numerous physical effects of stress. Stress can affect the heart. It can increase the pulse rate, make the heart miss beats, and can cause high blood pressure. Stress can affect the respiratory system. It can lead to asthma. It can cause a person to breathe too fast, resulting in a loss of important carbon dioxide. Stress can affect the stomach. It can cause stomach **aches** and problems digesting food. These are only a few examples of the wide range of illnesses and symptoms resulting from stress.

Emotions are also easily affected by stress. People suffering from stress often feel anxious. They may have panic attacks. They may feel tired all the time. When people are under stress, they often overreact to little problems. For example, a normally gentle parent under a lot of stress at work may **yell** at a child for dropping a glass of juice. Stress can make people angry, moody, or nervous.

Long-term stress can lead to a variety of serious mental illnesses. Depression, an extreme feeling of sadness and hopelessness, can be the result of continued and increasing stress. Alcoholism and other addictions often develop as a result of overuse of alcohol or drugs to try to relieve stress. Eating disorders, such as anorexia, are sometimes caused by stress and are often made worse by stress. If stress is allowed to continue, then one's mental health is put at risk.

It is obvious that stress is a serious problem. It attacks the body. It affects the emotions. Untreated, it may eventually result in mental illness. Stress has a great **influence** on the health and well-being of our bodies, our feelings, and our minds. So, reduce stress: stop the world and rest for a while.

A. Choose the correct answers to complete the sentences accordingly (5 Marks)

1. Stress can cause many physical problems such as ...

- ☒ a. heart problems b. memory problems c. emotional problems

2. When a person becomes stressed he/she soon feels ...

- a. lonely ☒ b. tired c. addicted

3. On the long range stress can cause

- a. extreme happiness b. loss of money ☒ c. extreme misery

4. Busy life styles do have negative effects on our ...

- a. pets ☒ b. loved ones c. business

5. Many think that alcohol reduces stress but forget that it leads to

- a. a balanced health b. eating disorders ☒ c. a serious addiction

B. Match the words in BOLD in the text to their corresponding definitions in the box

Note that there is an extra definition (5 Marks)

panic , common , aches , yell , influence

| Definitions | Words |
|---|------------------|
| 1. Sore feeling , dull pain | aches |
| 2. the power to have an effect on people or things | influence |
| 3. severe in effect; bad | x |
| 4. sudden uncontrollable fear | panic |
| 5. generally known , popular | common |
| 6. to cry out or speak with a strong, loud, clear sound | yell |

C. Indicate whether the following statements are true (T) or false (F) (3 Marks)

- Emotional stress could even lead to serious acts like crime (**T**)
- Stress is not a normal aspect of today's life (**F**)
- Anorexia affects only the physical health of the body (**F**)

D. In your opinion, what should be done to overcome the stress problem? (2 Marks)

Accept any logical answer (e.g. practicing sport, managing one's time sensibly, start with important things first, seek help/advice/counselling, take a break etc.)



Reading 3 (20 Marks)

Read the extract by Sarah Bisby, a resident of New York City, then answer the following questions accordingly.

A) I used to think I was a small-town girl. I grew up in a little town situated in a beautiful, spacious little hamlet, a world of rolling hills and lush trees. It was a peaceful place where you didn't have to lock the doors, where you knew all the neighbours, where you could fall asleep to the sounds of crickets. As a child, I would hear my neighbours talk about city life with hushed voices. The very mention of "New York City" struck fear into our hearts. Everyone knew it was an impersonal and dangerous place full of crime, grime, and crowds.

B) But as chance would have it, I won a scholarship to study and live in that terrifying place. I considered refusing the scholarship, but then decided to investigate the "big, bad city." This move turned out to be the best decision I ever made.

C) Some things took time to get used to—the noise of the garbage trucks, the honking, the endless stream of cars and pedestrians, and so on. In New York, you always feel like you're competing for space. The constant exposure to people can be tiring. People are everywhere, streaming by you in endless variety—thin and fat, tall and short, people chattering in Chinese and Pakistani and Sudanese and Spanish. The sheer numbers can make you dizzy.

D) But the people are also what makes New York wonderful. I've grown to love the diversity of city culture. Now I can step onto the street and find Ethiopian food and Chinese food and Portuguese food, all within a five-minute walk. The density of population means that there are always a thousand things going on—art exhibits, sports events, musicals, plays. In New York, it's almost impossible to feel bored.

E) Now I am convinced that all people born in small towns should live at least part of their lives in a big city. Living in the city makes you more independent, gutsy, and open-minded. City life may be difficult, but it also opens your eyes to a world of opportunities and puts you in contact with people who share your ambitions. When I return to my hometown, my friends ask, "So when are you coming home?" I shake my head and say, "When I start getting bored." That is not likely to happen for a long, long time.

A. Match the headings (1-5) to their corresponding paragraphs (A- E). Note that there is an extra heading (5 Marks)

| Headings | paragraphs |
|---|------------|
| 1. Adapting to the new life is the key for success | C |
| 2. Meeting different people makes your life interesting | D |
| 3. Making good decisions can change your life for good | B |
| 4. Everyone should taste the life in the city | E |
| 5. City life is a headache for some people | A |
| 6. Life in the city is too expensive | X |

B. State whether these sentences are True (T) or False (F) (5 Marks)

1. The narrator was born in a large city. (**F**)
2. The decision to move to New York was terrifying (**T**)
3. The cultural variety makes the city life stressful (**F**)
4. The narrator is not used to crowded places (**T**)
5. You can't make your dreams come true in the city (**F**)

C. What do the words in BOLD in the text refer to? (5 Marks)

| words | references |
|--|--|
| our (par. A) | The narrator (I) and her neighbours |
| that terrifying place (par. B) | New York City |
| numbers (par . C) | people |
| it (par. E) | city life |
| that (par. E) | coming home |

D. Fill in the blanks with the **HIGHLIGHTED** words in the text .Note that there is an extra word (4 Marks)

| | | | | |
|----------|-------------|-----------|--------|-------------|
| peaceful | scholarship | competing | tiring | independent |
|----------|-------------|-----------|--------|-------------|

1. Hundreds of small**independent**shops will be forced to close by the opening of this superstore.
2. He has attempted to find a**peaceful** solution to the conflict.
3. He got a**scholarship**..... to the Pratt Institute of Art.
4. Maria and Stephanie have been**competing** ... against each other for years.

E. What does the narrator mean by saying “that is not likely to happen for a long, long time” (last paragraph) (1 Mark)

The narrator is not willing to go back to her birthplace at least in the near future.
(accept any answer that conveys a similar meaning)

END OF EXAM